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Anus

\* Mechanism of Action- Representation by Solution Pharmacy

Sigmoid Colon

**Key point-** Constipation is not a single disease or disorder; it is a root cause for several GIT related problems. When there is lack of water in large intestine and lack of fiber intake in diet, constipation take place. Constipation's treatment lies within the problem itself. Target for the treatment include-

- 1. Increase amount of water inside intestine
- 2. Increase fibers content in diet
- 3. Increase expel of stools by increasing peristaltic movement
- 4. Stimulating or irritating the colon to force the evacuation of stools
- 5. Increase retention of sufficient water inside intestine

\*Based on our concept. Reference not available